



The *Passion* Compass



The Passion Compass exercise is a very visual activity you can do with a group of people to help them see a fuller picture of God and to deepen their understanding of each other. This exercise can be performed in a small group of 8 to 15 people or in groups of several hundred people (for instance, in the context of a conference or a church-wide seminar). To do that exercise, follow the six steps outlined below:

1

Make sure that everyone has the results of their Spiritual Style Test in hand.



2

Download and print out posters for the nine spiritual styles and arrange them in a circle on the walls of the meeting room corresponding to their position within the passion compass (found below).

3

After welcoming the participants, ask them to walk to the poster with the name of their highest-scoring spiritual style.

4

As the facilitator of this exercise, step into the center of the circle and explain the following four dynamics:

Take time to illustrate each point with real-life examples from the group, such as through brief interviews with individual members.

5

Now every participant approaches a person that is positioned approximately opposite to him or herself.

6

The representatives of the the opposite styles share, in dialogue between two people each, about their experiences with God. They strive to find out how they can support each other in spiritual growth (it may be helpful to print out or project the following questions on a screen).

- Everyone has a unique antenna for God. Each person in the room perceives and connects with God in their own way.
- Your group represents a diversity of spiritual styles. Some styles will be more strongly represented than others.
- There are both neighboring and opposite positions. For example, rational/doctrinal styles are adjacent, while sacramental and Scripture-driven styles are opposites.
- The goal is to move toward the center. This means becoming both more radical and more balanced, which involves learning from the styles that are opposite to your own.

QUESTIONS

- How do you best connect with God? How does your spiritual style relate to that? Can you give me some examples?
- What are your spontaneous feelings about some of the styles opposite to your own (e.g. my style)? Are those styles appealing to you? Do you have no particular feeling about them? Or do you perhaps try to avoid them a little?
- What are the dangers and neglects of your spiritual style (see columns 3 and 4 of the table on page 6 of your personal profile). Can you share any examples how those might show themselves in your life?
- How might more interaction with your opposite style(s) help you minimize those weaknesses? How could that kind of interaction take place?
- Is there anything specific that I might be able to do to make it easier for you to grow in one of your opposite styles?

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